



Profile and personal description

Eben Louw is a health psychologist, systemic therapist and counsellor, specialist consultant in psychotraumatology, supervisor, couples therapist, supervisor and coach. Founder and managing director of evolve now | Supervision | Counselling | Training

He divides his time between clinical practice, counselling, training, consulting, and writing. For over a decade, he had been training coaching and supervising healthcare professionals, counsellors, advisors, and support workers in hate crime victim support and anti-discrimination advice. He also works as a lecturer within Higher Education Institutions.

Eben Louw has worked for several years as a project manager and consultant with victims of racist violence and in anti-discrimination counselling. After training as a systemic therapist and consultant, he immersed himself in further therapeutic methods such as ACT and emotion-focused therapy, as well as systemic supervision.

For over 10 years, he has worked as a supervisor, consultant, lecturer, trainer and coach in the psychosocial field and in various counselling contexts with non-profit organisations, counselling centres, psychosocial institutions and in Higher Education.

HONORARY POSITIONS & COMMITTEES

- Current Member of the working group "Racism & Anti-Semitism," Federal Chamber of Psychotherapists (BPtK)
- Current Volunteer mentors in the mentoring program "GEH DEINEN WEG" (Go Your Way) of the Deutschlandstiftung Integration gGmbH
- 2021 - 2024 Board member of the Association of Counseling Centers for Victims of Right-wing, Racist, and Anti-Semitic Violence e.V.
- 2015 - 2018 Board member: Migration Council Berlin Brandenburg, Berlin

MEMBERSHIP IN PROFESSIONAL AND TRADE ASSOCIATIONS

German-speaking Society for Psychotraumatology, DeGPT
Systemic Society (SG)

QUALIFICATIONS

- Systemic supervision, ACT and emotion-focused (couples) therapy
- SIA Systemic Institute for Mindfulness, Berlin
- Specialist consultant for psychotraumatology (DeGPT-recognized) at the SWK Institute, CoPPP e.V., Chemnitz
- Systemic therapy and counseling (SG-certified) IST Berlin GmbH and isiberlin gGmbH, Berlin
- Health psychology (MSc), London Metropolitan University, London

PUBLICATIONS

- Rassismussensible Beratung und Therapie von geflüchteten Menschen.“
Flucht Aspekte. 2020 (Hrsg.) Vandenhoeck & Ruprecht
- Wenn alles anders bleibt. Psychosoziale Folgen rassistischer Polizeigewalt. S.29-46. In: Kampagne für Opfer rassistischer Polizeigewalt (Hrsg.) 2016: Alltäglicher Ausnahmezustand: Institutioneller Rassismus in deutschen Strafverfolgungsbehörden. Münster: Edition assemblage
- „Voice & Choice“ oder das Gefühl, stark zu sein. Väter in interkulturellen Familien: Erfahrungen - Perspektiven - Wege zur Wertschätzung. Verband binationaler Familien und Partnerschaften, iaf e.V. (Hrsg) S.178