



# ANNUAL REPORT 2025

2025 - the year of  
transformation



GESTALT PRAHA Z.Ú.  
*Rybničná 18/1, 162 00*  
*Libocký dvůr - Praha 6*  
IČ: 27583449



# YEAR WE BECAME GESTALT PRAHA

*Dear all,*

*The year 2025 is behind us, and it brought an important milestone for our institute – after more than a decade in Přední Kopanina, we relocated and transformed the Institute for Training in Gestalt Therapy into Gestalt Prague.*

*Our institute has been operating for 32 years, and more than 500 students have completed their training with us. We build on this history and experience, which enable us to provide psychotherapy education at a European level.*

*With respect,*

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NINA SCHAUTOVÁ PH.D.  
director

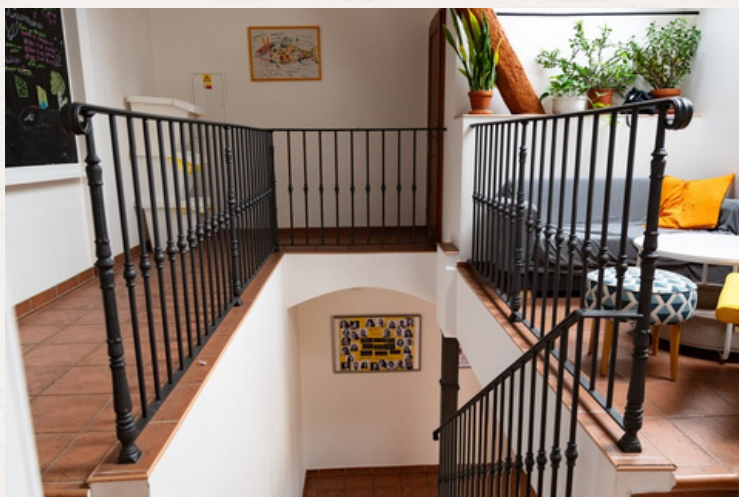
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## *Transformations in 2025*

*As of January 1, 2025, we entered a new stage of our existence. We **changed our legal form** from a public benefit organization (o.p.s.) to a registered institute (z.ú.) and at the same time adopted a **new name** – **Gestalt Prague**. This transformation was not merely an administrative step for us, but a natural culmination of long-term development and a search for a form that better expresses who we are today and where we are heading.*

*At the end of January, after more than ten years, we **left our premises in Přední Kopanina** and moved to **new facilities in Libocký dvůr**. Throughout the year, we gradually settled into the new space, sought a shared rhythm with the colleagues to whom we lease it, and created an environment that reflects our values.*

*Students and visitors alike **greatly appreciate the atmosphere** of the new place. For us, it is important to have our **own space** – a place into which we can imprint our identity. A space where we relate to both past and future, where a safe field for meeting can emerge, and where **lively melting pot of Gestalt ideas, experience, and dialogue** can develop.*





# GESTALT PRAHA TODAY

## *Basic Information*

### ***Gestalt Praha z.ú.***

*Rybničná 18/1 – Libocký dvůr*

*Prague 6 – Liboc, 161 00*

*Company ID No.: 27583449*

*VAT ID No.: CZ27583449*

*VAT payer*

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## *Governing Bodies*

### ***Founder***

*Marian Chrasta*

### ***Academic Supervisor***

*Elena Křivková*

### ***Board of Trustees***

*Dagmar Schneidrová (chair)*

*Valerie Štáfková*

*Markéta Jírová Exnerová*

### ***Senior lecturer***

*Marian Chrasta*

### ***Head of office***

*Ivana Hanáková*

### ***Director***

*Nina Schautová*

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## *Accreditation*

*Gestalt Praha is accredited/certified with these professional organizations:*

- ***EAGT*** (*European Association for Gestalt Therapy*)
- ***EAP*** (*European Association for Psychotherapy*)
- ***ČAP*** (*Czech association for psychotherapy*)
- ***IPVZ*** (*Institut for postgraduate education in healthcare*)



# YEAR OF EDUCATION

*In 2025, a total of 110 students studied at Gestalt Prague our comprehensive psychotherapy training program. Twenty-five students successfully passed the final examination, completing several years of intensive professional and personal growth.*

*Over the year, 29 training modules and 16 educational events (seminars and webinars) were held, led by our graduates. These educational activities were intended for both Gestalt therapists and the wider public, representing an important bridge between training and a lively practice in our community.*

## Complex therapy training

- **Number of students:** 110
- **Number of groups:** 4
  - Basil Group
  - Mandarin Group
  - Azure Group
  - Lavender Group
- **Programs started:**
  - In January 2025, the Basil Group began the experiential part of the training.
- **Graduates:**
  - Twenty-five students successfully passed the final examination.

*“I especially want to acknowledge how dramatically the training organization has improved after the change in leadership – for that, I repeatedly thank you and give five stars. I greatly appreciate that we have started receiving information, to put it in Gestalt terms, in some already completed form. You may need to hear this repeatedly, but truly, it is a significant step forward.”*

## Workshops, seminars and educational events

- **Total events:** 16 events
- **Total participants:** over 150
- **Types of educational events:**
  - Workshops
  - Webinars
  - Online Seminars
- **Thematic areas:**
  - Gestalt therapy in working with adolescents, shame and guilt, psychoses, spirituality, online therapy, relationship therapy, field theory, and more.
- **New formats:**
  - Evenings with Gestalt Therapy: a two-hour seminar focused on a selected Gestalt therapy topic, highly popular among both the wider public and graduates.
  - Taster Sessions for Prospective Trainees: enhanced with a Q&A section about the training program with the director.
- **Summer school:**
  - In 2025, the 3rd Summer School took place on the theme Gestalt & Impro, exploring improvisation in collaboration with Gestalt Studio.



# OUR TEAM

## *Teachers and supervisors*

**The theory and skills training team** remained stable in 2025. The senior lecturers are Marian Chrasta and Elena Křivková. The teaching team further includes Valerie Štáfková, Magda Hazi, Sylvie Tichotová, Ondřej Ženka, and Nina Schautová. Iva Hinková, Alena Vávrová, Tomáš Komárek, and Zuzana Krásová also contribute to the teaching as external lecturers.

**The personal therapy training team** expanded in 2025 with a new process pair, Pavel Jurníček and Magda Hazi. The pairs Martin Klouda and Veronika Endreslová, and Markéta Chlupová with Viktor Polák, continued without change. Toward the end of the year, Jasenka Medenčević moved into a supervisory role. Hencforth starting 2026 onward, Radek Markus's new partner will be Lucie Machová, who was selected through an open selection process.

**The supervision team**, led by senior lecturer Elena Křivková, expanded further in 2025. It currently includes Barbara Ernest, Nina Grosmannová, Silvia Miklíková, Veronika Pavlas Martanová, Petr Pašek, Pavla Stibůrková, Monika Marxová, and David Navrátil. The expansion of the supervision team is an important step in maintaining the quality of the training and strengthening support for students in their professional development. Supervision remains a key pillar of our educational program and at the same time a space for continuous dialogue between experience, theory, and practice.

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### *Feedback from our students*

*In 2025, the first anonymous feedback survey was conducted across all current students with 30% participation across all groups. The teaching team received very positive feedback:*

*"I appreciate the diversity of the lecturer tandems, their ability to adapt to the current atmosphere of the group, and the pleasant way in which information is shared. I feel that you genuinely care about us absorbing the information well and being able to use it in practice. (In such an environment, it is truly a pleasure to learn.)"*

*"I am in group process for the first time. I appreciate the sensitive handling of the group process (e.g. during conflicts), as well as the kindness and attentiveness toward each one of us."*

*"I appreciate the lecturers' respect for the needs of the group and their ability to adapt the teaching to the current needs. Most of the lecturers are very well prepared and send materials in advance."*



# OUR COMMUNITY

## *Our gestalt community*

*Our community continues to grow. Our newsletter now includes more than 1,000 email addresses, and our Facebook page is followed by over 2,600 people. We are pleased to be creating a vibrant space for sharing, inspiration, and professional support.*

*In the area of education, in 2025 we organized seminars and other educational events attended by more than 200 people. The interest in further development and meeting together confirms that Gestalt has a strong and established place in the Czech context.*

*An important part of our community is also the alumni network, which regularly meets at the popular GPařba! gatherings. We value the fact that the relationships formed during the training continue long after it ends.*



## *Wider therapeutic community*

*We continue to develop cooperation with other institutes and professional partners. Together we participate in educational activities, for example in organizing the summer school, and we are also collaborating on the preparation of a professional conference planned for 2027.*

*Members of our team actively cooperate with the Czech Association for Psychotherapy (participating in the activities of the Professional Council, the College of Institutes, and the Ethics Committee) and with the Czech Society for Gestalt Therapy (taking part in the activities of its board and expanding the membership base with our graduates). In this way, Gestalt Prague has a clear role in the Czech professional field and contributes both to professional activities and to the development of the discipline.*



# FINANCIAL REPORT

*Rozvaha k 31.1.2025*

<b>ASSETS</b>	<b>CZK</b>
<i>Total Cash and Cash Equivalents</i>	2 333 504
– Cash on hand	1 672
– Bank accounts	2 331 833
Accounts Receivable	18 296
Operating Advances Provided	50 000
Income Tax Receivable	34 580
Prepaid Expenses	396 148
<i>Total Assets</i>	<i>2 832 528</i>

<b>EQUITY</b>	<b>CZK</b>
Other Short-term Financial Assistance	80 000
Accounts Payable	0
VAT	24 771
Retained Earnings from Previous Years	2 237 912
Equity total	2 342 682



# FINANCIAL REPORT

## Výkaz zisků a ztrát k 31.12.2025

<b>REVENUES</b>	<b>CZK</b>
Revenue from Services	5 636 507
Interests income	56 552
Foreign exchange gains	133
<i>Total revenues</i>	5 693 192

<b>EXPENSES</b>	<b>CZK</b>
Materials and Energy	292 497
Repairs and Maintenance	4 170
Other Services	4 841 418
Other Expenses	14 441
Income tax	50 820
<i>Total expenses</i>	5 203 346

<b>PROFIT &amp; LOSS</b>	<b>CZK</b>
Profit & loss before taxes	540 666
<i>Profit &amp; loss after taxes</i>	489 846



# DIRECTION FOR 2026

## *Summary of 2025 and Plans for 2026*

*The year 2025 was a year of change for Gestalt Prague z.ú. – we moved to new premises and faced the challenges that came with them. Despite this, we managed to maintain stable finances and closed the year with a positive result of nearly CZK 490,000. Through careful cost management and stable revenue from our professional services, we were able to cover all expenses while continuing to offer high-quality programs.*

*The surplus we generated is more than just a number – **it represents opportunities for growth.** In 2026, we plan to use it for further development: to reward our lecturers and team for their work, expand the range of educational programs, and prepare new projects that will advance our organization.*

*Thus, 2025 was a year of stabilization, effective management, and readiness for the future. Thanks to this, **we can enter 2026 with confidence and focus** on what truly matters to us – **the development of people and high-quality education.***

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### **Priorities for 2026:**

- **Securing Accreditation with the Ministry of Labour and Social Affairs (MPSV) and enhancing the training program:** We are working on improving the content and structure of our training program to make it modern, practical, and as beneficial as possible for participants.
- **New Postgraduate Programs:** We are preparing two specialized programs:
  - A new concept in Gestalt therapy for children and adolescents
  - A postgraduate program in relationship-based clinical Gestalt therapy
- **Workshops and Collaboration with Lecturers:** We continue to expand our workshop offerings led by our graduates as well as international lecturers, supporting the exchange of experience and inspiration across borders.
- **Online Educational Formats for the Public:** We are developing new digital courses to make our programs accessible to a wider audience and flexible to meet the diverse needs of participants.
- **Inter-institutional Collaboration:** We look forward to collaborating with other professional institutions on conferences and joint projects that connect the professional community both nationally and internationally.



# ACKNOWLEDGEMENTS

*Allow me, on behalf of the entire team, to thank everyone in the heart of Gestalt Praha - the entire team. I personally would like to thank our team for their daily dedication and support, our lecturers for their openness and willingness to share the best of their practice, our students for their courage, curiosity, and determination to embark on the journey of rigorous training, and our graduates for sharing their experience and inspiration.*

*Special thanks go to Ivana Hanáková, our Head of Office, without whom both lecturers and students would be completely lost, and to Elena Křivková, who does incredible work ensuring the quality of supervisions.*

*Thanks to everyone in the broader Gestalt community, allowing us to build a shared space that is supportive, trusting, and collaborative, where everyone has room to grow. This is what truly gives meaning to our work.*

*With gratitude,*

*Nina*

